

Registration Form: 9/07/2024

___ full day

___ am only ___ pm only

Name: _____

Address _____

Phone _____

Email _____

School _____

Age of interest: ___ infant/toddler
___ Pre-K ___ El ___ other

Years teaching _____

Registration/payment Options:

- 1) Register Online:
childandfamilyenrichmentcenter.com
- 2) Mail: registration form and payment
by Aug 30th
Child & Family Enrichment Center
P.O. Box 117900
Carrollton, Tx. 75011
- 3) Pay Pal payments accepted

No Cash Payments

Other Workshops:

Varied topics,
dates & hours
available for
school staff
development

Child & Family Enrichment
Center (CFEC)
childandfamilyenrichmentcenter.com

Sheila Scott Soslow
MED, MS, LPC, CME
972-742-2727
CFECsgs@gmail.com

Location: The Westwood IB &
Montessori School
14340 Proton Rd.
Dallas, Tx. 75244

**Teacher Education
Workshop**

**Saturday
September 7, 2024
9:00 am -4:00 pm**

*Positive
Communication
between Staff and
Children
AND
Mindfulness for
Children, Teachers, and Self*



Presenter:
Sheila Scott Soslow

Attendees will leave this workshop with activities & resources you can use to promote positive communication, mindfulness, peace and calm in the classroom.

Mindfulness has been shown to reduce stress and anxiety, increase concentration and focus, improve memory and the development of positive relationships.

Each session corresponds to and builds on other session.

AGES: infant, toddler & elementary

Morning Session 9:00-12:00

How to Use Positive Communication with Adults, children and self.

Afternoon Session 1:00-4:00

The Guide/Teacher's Role: *How to Help Children Use Mindfulness in the classroom.*

NOTE: *information in this workshop goes toward minimum standards: Child Growth & Development, Teacher Interaction, and Professional Dev: Stress management.*

Morning Session 9:00-12:00

Lunch 12-1:00

Afternoon Session 1:00-4:00

Fees

Early registration by mail or online:

8/7-8/30/2024

1/2 day \$25.00

full day \$45.00

Late registration online and at the door

8/31-9/7/2024

1/2 day \$30.00

full day \$50.00

You will receive a certificate of attendance- 3 Clock Hours per session

The number of participants is limited so we encourage you to register early.

Registration along with payment must be received in order to secure your space at the workshop.

You will receive an acknowledgement of your registration by email.

Receipt for payment and handouts will be emailed for you to print before the workshop; certificate of attendance will be emailed after the workshop.

CFEC Staff & Presenters

Sheila Scott Soslow brings over 40 years of experience to the Child and Family Enrichment Center. She is Montessori Primary certified, has experience as a Primary Lead, a Toddler Lead and has 9 years of experience as a Montessori Teacher Trainer. She holds a Masters degree in Education and Counseling and a Master of Science with an emphasis in Family Studies from the University of North Texas,.

Heather LaFon Karlovich has 5+ years' experience as a certified Montessori Teacher. In addition she was Montessori educated from pre-K through 8th grade and has 4 grown children, 2 who were Montessori educated. Currently she owns a "mini" farm with chickens, ducks, pigs, dogs, cats and a garden.